

Winter Quarter 2009

Volume 5, Issue 1

Community Care

A quarterly publication for the extended family and community of:



A New Beginning

Things to do in 2009:

- Find the time.
- Look after yourself.
- Complain Less
- Broaden your mind
- Fight Crime
- Be a better Dad, Mom, Grandparent, Sister, Friend, Employee, Boss Etc.
- Help people more often
- Make someone feel special & thank those that make you feel that way
- Thank a Veteran
- Vote!

As hard as it is to believe, we are entering into the year 2009. So much happened in 2008 for the good and the bad. However, I choose to think that the new year brings a new start for us all. The beginning of the new year is a great time to reflect on the last year and even further into our past. While I believe the past is very important to us all, I am a strong believer in living in the present that is why I would like to share a couple of my favorite quotes about this subject with you:



“What you need to know about the past is that no matter what has happened, it has all worked together to bring you to this very moment. And this is the moment you can choose to make everything new. Right now.” - Author Unknown

“One day at a time--this is enough. Do not look back and grieve over the past for it is gone; and do not be troubled about the future, for it has not yet come. Live in the present, and make it so beautiful it will be worth remembering.” - Author Unknown


Here's hoping you and yours have a great 2009 and make it the best year yet!

Your Friend and Neighbor,
Bryan E. Chandler

www.ChandlerFuneralHome.net

Anyway

People are often unreasonable, illogical and self-centered.

 *Forgive them anyway.*

If you are kind, people may accuse you of selfish, ulterior motives.

Be kind anyway.

If you are successful, you will win some false friends and some true enemies.

Succeed anyway.

If you are honest and frank, people may cheat you.

Be honest and frank anyway.

What you spent years building someone could destroy overnight.

Build anyway.

If you find serenity and happiness, they may be jealous.

Be happy anyway.

The good you do today people will often forget tomorrow.

Do good anyway.

Give the world the best you have, and it may never be enough.

Give the world the best you've got anyway.

You see, in the final analysis, it is between you and God.

It was never between you and them anyway.



Mother Teresa hung a copy of this poem on a wall of the orphanage she founded in Calcutta, India.
Its source is unknown.

Raspberry-Stuffed French Toast

By: <http://www.Kraft.com>



Prep Time: 15 min
Total Time: 1 hr 25 min
Makes: 9 servings, one piece each



What You Need

4 oz. (1/2 of 8-oz. pkg.) PHILADELPHIA Neufchatel Cheese, softened 1/2 cup sugar, 2 tsp. vanilla, 1 tsp. ground cinnamon, 2 eggs, plus 2 egg whites, 5 cups fat-free milk, divided 1 loaf (1 lb./24 inches) French baguette, ends trimmed, cut into 18 slices, divided 1 pkg. (12 oz.) frozen unsweetened raspberries, divided and 1 package (4-serving size) JELL-O Vanilla Flavor Instant Pudding

Make It

Beat Neufchatel cheese, sugar, vanilla and cinnamon with electric mixer until well blended. Add eggs and egg whites, one at a time, mixing well after each addition. Gradually add 2 cups of the milk, beating until well blended.

ARRANGE 9 of the bread slices in greased 13x9-inch baking dish. Sprinkle with half of the raspberries or you may use preserves; top with remaining bread slices. Pour Neufchatel cheese mixture over bread. Let stand 30 min or over night. Preheat oven to 350°F.

BAKE 40 min. or until golden brown. Meanwhile, bring remaining 3 cups milk just to boil in saucepan; gradually add dry pudding mix, whisking until well blended. Remove from heat; let stand 5 min. Microwave remaining raspberries in small microwavable bowl on HIGH 15 to 20 sec. or until warm. Serve topped with the custard sauce and raspberries.

Veteran's Corner

"A Veteran -- whether active duty, discharged, retired, or reserve -- is someone who at one point in his life, wrote a blank check made payable to: 'The United States of America,' for an amount of 'up to, and including his life.'" - Author Unknown

"This nation will remain the land of the free only so long as it is the home of the brave."
~Elmer Davis

"In war, there are no unwounded soldiers."
~José Narosky



A loving, sensible Plan for the future

Most of us have life insurance, and we at least know that we should have a will. Isn't it strange, that many people consider it distasteful to pre-arrange a funeral? Instead, let's consider why pre-arrangement is really a thoughtful, loving thing to do.

It helps our loved ones - In the first day or two of bereavement, grief makes it difficult for survivors to ponder budgets and make the countless decisions that go along with arranging funeral services.

It fulfills a personal need - We all have some idea of how we'd like to be remembered. Pre-arrangement lets us have a say in that, in whatever details we desire.

For many, it is a necessity - When we live alone, travel widely, or foresee family problems, establishing a funeral plan in advance can give us peace of mind to ensure that our wishes are carried out.

It's economical - We make level headed decisions on how elaborate we want our departure to be and under most plans, we protect survivors from inflation by securing today's prices.

Please contact the professionals at Chandler Funeral Home to answer all the questions you have concerning the benefits of pre-planning.

If this reaches you at a difficult time, please accept our apologies.