

Volume 4, Issue 2

Spring-Summer Quarter

A quarterly publication for the extended family and community of:

Community Care



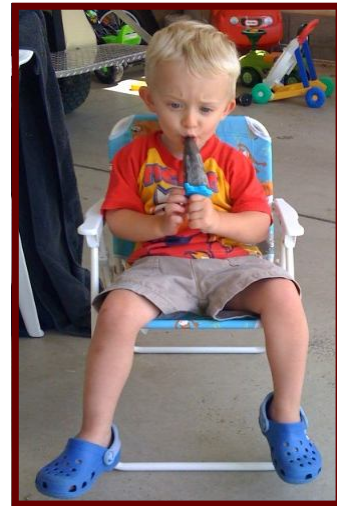
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Have A Pop!

Those of you who are avid readers will have noticed our Spring Edition did not appear. We apologize for this, as Caring for our Families during loss always comes first, this left us short on time for the Spring Edition, so this is a Spring-Summer Edition.

Pop, is a word that is heard very often in the Chandler Household. Our little boy, Preston, is really a very healthy eater. He enjoys at least one apple a day along with a variety of vegetables, that Mom ensures he finishes. However, popsicles are his downfall and his grandparents don't help us out on this matter.

Do you remember when you were young and it was a hot summer day and all you wanted was a popsicle? Your parents then gave in, it lasted a whole two minutes and you wanted more. I was thinking the other day, as I wiped sticky hands clean and everything they seem to touch, what a better world it might be if everyone sat down for a POP once a day. We might all be a little sweeter to each other and the world might be just a little sweeter place overall. I know with the healthy eating craze I probably shouldn't encourage people to consume sugar, but hey what did a little POP ever hurt?



Your Friend and Neighbor,
Bryan E. Chandler

Living Wills – Everyone Should Have One

by: Maria Sandella

An advanced care directive, commonly known as a living will is something everyone should have. A living will is a legal document that states specific directives regarding medical treatments that must be followed by care-givers or the person appointed power of attorney for health care decisions if you are unable to give informed consent. A living will ensures that your wishes are carried out.

What Does a Living Will Cover?

There are some people that think a living will is used only to direct health care providers to withhold necessary medical treatment. While many do use a living will for this type of instruction, a living will is also a way for a person to ask for all available medical techniques and treatments should they want them. Living wills are complicated because they deal with medical issues so it is always a good idea to consult with your doctor so he can clarify any treatments or techniques you are unsure of. One thing to keep in mind is that a living will's legality does not take effect until the patient has been medically determined to be terminally ill or is in a permanent vegetative state, unable to communicate medical wishes.

The Difference between a Living Will and Durable Power of Attorney

Some functions of a living will can be performed by a durable power of attorney. The document gives the attorney legal power to make any health care decision for a person who is unable to make those decisions for themselves, in some cases it also allows the durable power of attorney to use his/her own judgment. Unlike a living will, a durable power of attorney does not depend on a vegetative state or terminal illness in order to be used. A good example of someone who would be incapable of making their own sound medical decisions is someone with Alzheimer's.

If you choose not to have a living will or appoint a durable power of attorney your family members may end up fighting and arguing over what treatment you should or should not be receiving. Even though a doctor will consult with your family they still may be split in the decision making. Since doctors only consult with family members, if you are unmarried the living will and durable power of attorney will enable them to have a say in your health care decisions.

An Attorney-In-Fact

An Attorney-in-Fact is the person you assign power of attorney. Whomever you chose as the proxy for health care decisions or attorney-in-fact needs to be someone you trust and is comfortable talking about medical issues. An assertive and diplomatic individual is the preferred choice because you are choosing someone to be your advocacy. They may need to argue with the doctors and even your family members, and in some cases, go to court and fight on your behalf. You need someone who is aware of the choices your have made and will support any and all instructions you have laid out.

More people are choosing to have a living will as it takes the pressure off family members when it comes to making important medical decisions. Medical decisions should never be made with your emotions, but unfortunately it happens too often. This is why a living will is a very important document to have.

{Chandler Funeral Home is not a legal professional and the above print is for information use only.}

Tropical Icebox Cake Recipe

by: Heidi Swanson - <http://101cookbooks.com>



Gingersnap Crust: Place 2 1/2 cups loosely crumbled gingersnaps, 5T melted butter, and 3T sugar into a food processor and blend until mixture is the texture of coarse sand.

Ice-cream Layer: Soften 2 1/2 cups high-quality vanilla ice-cream or frozen yogurt and stir in 1 cup chopped pineapple and 2/3 cup loosely crushed macadamia nuts.

Whipped Cream Layer: Whip 1 1/2 cups of heavy cream sweetened with a few tablespoons of sugar and a splash or two of rum. Whip until billowy but not too stiff.

Toasted Coconut: Pan toast 1 Cup of coconuts over medium—low heat.

Assemble the cake: Pack a thin layer of ginger snap crust into the base of a 6-inch spring form pan.

Slather on a generous layer of ice cream, let it freeze until hard.

Pack another layer of ginger snap crust on top of the ice cream (because I love the buttery sweet gingersnap crumbs), then fill pan to the rim with a thin layer of rum + sugar sweetened whipped cream. Freeze until hardened, preferably overnight.

Release cake from the pan (don't cut around edges w/ a knife) and frost the entire cake with a layer of the sweetened whipped cream.

Top with toasted coconut. Put back in the freezer until outside layer of whipped cream is set.

Veteran's Corner

For the web savvy Veterans and Veteran Families, if you haven't stumbled across the Department of Veteran Affairs Web Site, <http://www.va.gov/> you should really take time to visit there. As a Funeral Professional it has many forms etc. that we use. However, they seem to update this site often and it has endless information for Veterans and their families. The Site has weekly and monthly News Videos as well as a special page just for Kids to let them know the stories behind Veterans Day, Memorial Day, Taps and many other important Patriotic items.





A loving, sensible Plan for the future

Most of us have life insurance, and we at least know that we should have a will. Isn't it strange, that many people consider it distasteful to pre-arrange a funeral? Instead, let's consider why pre-arrangement is really a thoughtful, loving thing to do.

It helps our loved ones - In the first day or two of bereavement, grief makes it difficult for survivors to ponder budgets and make the countless decisions that go along with arranging funeral services.

It fulfills a personal need - We all have some idea of how we'd like to be remembered. Pre-arrangement lets us have a say in that, in whatever details we desire.

For many, it is a necessity - When we live alone, travel widely, or foresee family problems, establishing a funeral plan in advance can give us peace of mind to ensure that our wishes are carried out.

It's economical - We make level headed decisions on how elaborate we want our departure to be and under most plans, we protect survivors from inflation by securing today's prices.

Please contact the professionals at Chandler Funeral Home to answer all the questions you have concerning the benefits of pre-planning.

If this reaches you at a difficult time, please accept our apologies.